

DENTAL EMERGENCY QUICK REFERENCE GUIDE

TOOTH IS KNOCKED OUT: You must act quickly; handle by crown not the root; wash with milk or water; do not scrub; try to re-implant or place under tongue, inside of cheek or cup of milk; See a dentist immediately (within 10 minutes is best).

BROKEN TOOTH: Apply a piece of gauze to the area to control sensitivity.

SWELLING: Apply cold packs to the area to reduce swelling.

TOOTHACHE: Take an over-the-counter pain medication but do not place the pill on your sore tooth; place an ice pack over the area of concern.

LOST FILLING: Place a piece of softened sugarless chewing gum in the spot where the filling was to protect the area.

BROKEN IMPLANT, VENEER, CROWN, BRIDGE OR DENTURE: Save all broken pieces. If crown or bridge is intact and can be reinserted, use toothpaste as a temporary cement.

BADLY BITTEN LIP OR TONGUE: If there is bleeding, press down on the area using a clean cloth; if lip is swollen, use an ice pack. If bleeding persists go to your nearest hospital.

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For Dental Emergencies, please call for an appointment. Alternatively, visit the nearest hospital emergency department.

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